

34th Balkan masters athletics Championship stadia
Varaždin, Sloboda, 29 - 31 AUG 2025

RESULTS

Championship Record	W60	21:41.98	Nica Ioana	ROU	Bucharest (ROU)	21 SEP 2019
Balkan Record	W60	21:41.98	Nica Ioana	ROU	Bucharest (ROU)	21 SEP 2019

5000m, Masters W60 (from common event)

29 AUG 2025 / 08:45

Timed Heats

Rank	Bib	Name	Date of Birth	NOC	Class	Result
1	386	SOUMA Spyridoula	27 APR 1965	GRE	W60	22:25.87
2	88	IVANOVA Malina	20 SEP 1964	BUL	W60	24:50.54
3	532	ČABARKAPA Radmila	23 MAR 1963	MNE	W60	29:45.07
	960	STEFANOU Georgia	4 APR 1963	GRE	W60	DNS

Championship Record	W65	25:01.94	Pall Elisabeta	ROU	Novi Sad (SRB)	23 SEP 2016
Balkan Record	W65	23:22.40	Papavasiliou Stavroula	GRE	Thessaloniki (GRE)	11 OCT 2020

5000m, Masters W65 (from common event)

29 AUG 2025 / 08:45

Timed Heats

Rank	Bib	Name	Date of Birth	NOC	Class	Result
1	360	VAINA Athina	8 DEC 1959	GRE	W65	32:08.38

Championship Record	W70	25:34.16	Rogel J Jozica	SLO	Celje (SLO)	21 SEP 2018
Balkan Record	W70	25:34.16	Rogelj Jozica	SLO	Celje (SLO)	21 SEP 2018

5000m, Masters W70 (from common event)

29 AUG 2025 / 08:45

Timed Heats

Rank	Bib	Name	Date of Birth	NOC	Class	Result
1	87	KOSTOVA Septemvrina	3 NOV 1950	BUL	W70	39:54.86
2	361	PLOUMI Argyri	3 JUL 1952	GRE	W70	42:55.05

Championship Record	M75	22:14.70	Moscovits Ferdinand	ROU	Thessaloniki (GRE)	11 JUL 1998
Balkan Record	M75	20:42.20	Gakis Panayiotis	GRE	Athens (GRE)	

5000m, Masters M75 (from common event)

29 AUG 2025 / 08:45

Timed Heats

Rank	Bib	Name	Date of Birth	NOC	Class	Result
1	269	PONGRAC Ivan	10 AUG 1950	CRO	M75	25:54.41
2	423	PAPADATOS Konstantinos	1 NOV 1945	GRE	M75	29:22.71
3	209	STAREŠINIĆ Vlado	3 DEC 1948	CRO	M75	29:30.51
4	148	GROZEV Ivan	20 MAY 1946	BUL	M75	38:27.52
	144	NENOV Stoyan	10 OCT 1948	BUL	M75	DNF
	593	POPISTAŠU Gheorghe	6 SEP 1947	ROU	M75	DNS

Championship Record	W75	26:47.63	Rogel J Jozica	SLO	Thessaloniki (GRE)	23 SEP 2022
Balkan Record	W75	26:47.63	Rogelj Jozica	SLO	Thessaloniki (GRE)	23 SEP 2022

5000m, Masters W75 (from common event)

29 AUG 2025 / 08:45

Timed Heats

Rank	Bib	Name	Date of Birth	NOC	Class	Result
1	840	ROGELJ Jožefa	16 FEB 1947	SLO	W75	28:20.83

Championship Record	M80	25:55.36	Wraight Dennis	SLO	Celje (SLO)	21 SEP 2018
Balkan Record	M80	25:10.00	Gakis Panayiotis	GRE	Athens (GRE)	25 JUN 1995

5000m, Masters M80 (from common event)

29 AUG 2025 / 08:45

Timed Heats

Rank	Bib	Name	Date of Birth	NOC	Class	Result
1	573	CIOCA-PARASCA Ilie	21 JAN 1945	ROU	M80	26:12.65
2	409	DIAKATOS Lampros	21 OCT 1943	GRE	M80	31:39.75
3	412	ALLIMONOS Georgios	20 FEB 1942	GRE	M80	34:54.99

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Championship Record	M90	38:24.95	Panagiotis Dousis	GRE	Bar (MNE)	
Balkan Record	M90	31:41.60	Dousis Panagiotis	GRE	Athens (GRE)	7 JUL 2024

5000m, Masters M90 (from common event)

29 AUG 2025 / 08:45

Timed Heats

Rank	Bib	Name	Date of Birth	NOC	Class	Result	
1	410	DOUSIS Panagiotis	23 SEP 1933	GRE	M90	33:15.61	CR

Intermediate Times - Heat 1

1000m	22:25.81
2000m	22:25.87